

## THE EXPRESS TRIBUNE THE EXPRESS TRIBUNE

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Editor: Ibriz Sheikh Fashion Editor: Amber Liaqat Subeditor: Aqsa Mansoor

For feedback and submissions: edit@tribune.com.pk

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A skincare routine is an important aspect that should be incorporated in your everyday routine. Whether you're starting your skincare journey or whether you're a huge skincare fiend, it is important to research the products you use on your face and skin. Depending on your skin type, not all products will suit your skin. Here we've rounded up some products that are a must-try in 2023.



#### **Chebula Active Serum**

Chebula Active Serum has been tested to give you an even tone, smooth structure and a more vibrant look. Some of the essential pros of this product are:

- It contains many anti-ageing ingredients to help you stop the process of ageing.
- It can refine your skin and eliminate fine lines and dark spots.
- It gives your skin an even tone.



#### **Cicalfate + Restorative Protective Cream**

If your skin is continually dry, all you need is Cicalfate, a beauty secret, and a restorative cream, an additional post-biotic healthy complex. In this case, Cicalfate+ Restorative Protective Cream is the best option for you with the following pros;

- It can deeply nourish your skin in less time.
- It will protect your skin against any present environmental aggressors.



#### **Advanced Night Repair Synchronized Recovery Complex II**

Advanced Night Repair Synchronized Recovery Complex II is the best option for you if you are looking for an overnight healing serum. It will help in improving the moisture and radiance of the skin. Some of the pros of this product include:

- It has anti-ageing benefits.
- The serum is made of a nourishing formula.

#### **Hot Flash Cooling Mist**

Hot Flash Cooling Mist is the product for you if you want instant relief from hot flashes. This product is specifically designed for menopausal and pre-menopausal women.

Some of the essential pros that this product has;

- It can reduce the skin's temperature.
- It can calm redness and boost a cooling effect.
- It has a hydrating formula to minimise fine lines.





#### **Midnight Recovery Concentrate Face Oil**

For dry skin, owning Midnight Recovery Concentrate Face Oil is essential to provide you with acne-fighting and inflammation-reducing properties. It can be effective if used once a week when the skin can be delicately taken care of.

Some of the essential pros of this product include the following:

- It can delicately boost your skin's radiance.
- It has a lightweight texture that can absorb into your skin quickly.

#### **Hyaluronic Acid Face Moisturiser**

Hyaluronic Acid Face Moisturiser can serve as a simple formula for mineralising thermal water to deliver instant hydration. It can further fortify the skin barrier for sensitive skin aspects and provide constant moisture.

Some of the essential pros of this product include the following;

- It is a lightweight formula that can absorb quickly
- It can plump up your skin

In conclusion, good skin can only be achieved with a good skincare routine. It is essential to choose products wisely as per your skin type.





# JEdit Nayab

Infinitely glamorous and the epitome of classic elegance is what the brand Nayab stands for. Presenting Jahan Ara- an exclusive edition of luxury unstitched sari collection. Eight beautiful designs crafted from the highest quality of organza, charmeuse silk and khaddi slub silk featuring sophisticated print in bold and pastel hues. The collection landscapes an array of ornamental embroideries, meticulously rendered stitch by stitch further adorned with 3D hand done embellishments utilizing pearls, crystals, sequins and zardozi work.



#### Kayseriya

Like a secret garden, exquisite flora stretch out on a warm ochre canvas with hints of coral, tangerine and salmon peaking out in a perfect harmony in 'Kayseriya' is framed with a scalloped border. The sari is paired with an elaborated blouse with detailed tilla and Resham work laden with 3D handwork in pearls, crystal, sequin and beads.

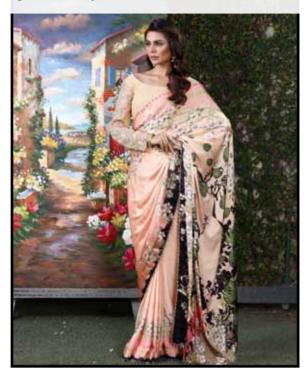
#### TIYA

Layers of printed butter cream Charmeuse satin silk reminiscent of Italian gardens set the base for modern day ensembles. The blouse is decorated with thread and sequin work embedded with heavy handwork incorporating pearls, crystals, beads and sequins; perfect for any evening soirée.



#### Mira

Delicately crafted digitally printed 'Mira' features blooming florals layered over a soft coral canvas to create an aweinspiring, glamourous look with accents of ivory, black and moss. The artsy print is paired with sumptuous organza blouse expertly illustrated with vivid floral embroidery, Intertwining the essence on the diaphanous fabric of organza 'Mira' features intricate handcrafted blouse luxuriously laden with iridescent sequin, sparkling crystal, ribbon rosettes and oyster pearls creating an ethereal impact. This stately look is a must have!



#### Dhanak

A classically elegant look with a unique, Elysian colour palette, featuring French floral patterns that meander across a blush pink canvas in shades of crimson, soft sea foam, moss, ivory and marvelous pink, framed with embroidered sequins embellished border. The sari is paired with salmon pink blouse with delicate dainty embellishments, this stunning ensemble features hand placed sequin, crystal, pearls and zardozi work creating a magical composition.





Luminous ornamental paisley and floral print laid out in the shades of ivory and charcoal grey with tinges of moss and salmon pink to accentuate the overall composition. A printed charmeuse silk sari is effortlessly draped and paired with a heavily embroidered blouse. The sleeves of the blouse are hand embroidered with matching sequins, crystals, pearls and beads. The unique and versatile ensemble is perfect for the seasonal festivities..

#### **JAIPUR**

In an elegant ode to tradition, a beautifully crafted sari, rendered in charcoal grey; is intricately embellished with handmade mukesh. The sari is laced with a silver border highlighted with sequins and tilla. The flowing saree is paired with a heavily embroidered blouse with a lush encrusted border; this look is reminiscent of royal regalia and perfect choice for any formal occasion.

#### AYRA

Exude exquisite feminine grace in the marine life 'Ayra', depicting vivid hues of aqua's with dashes of cerulean, azure, crimson and amethyst on plush satin silk. Stunning corals and sensual flora come together in an explosive composition making this the perfect stand out look. The sari is paired with a soft aqua blue blouse with delicate embroidery and intricate handwork embedded with





#### **ASHNA**

A dreamy composition is etched with great finesse and detail onto a deep Amaranth pink canvas in varying shades of mauve pink. 'ASHANA' Is further accentuated with shaded sequin and bead work to create a masterpiece that will stand out in every formal and festive gathering. It's paired with an embroidered blouse worked with shades of metallic silver tilla and sequin.

sequin and crystals.

# Hussain Rehar **Explores Europe**

Known for his unmatched creativ- cation. ity in the fashion industry, Hus-Hussain sain Rehar is an avid traveller who shared likes to be in awe of his surround- some of his ings while exploring beautiful cit-best ies around the globe. Recently, Rehar went on an immersive journey to historical cities like Rome and

Florence; home to many masterpieces of Renaissance art architecture. and One of its most iconic sights is the Duomo, a cathedral with a terracotta- tiled dome engineered by Brunelleschi and a bell tower by Giotto. The Galleria dell'Accademia displays Michelangelo's "David" sculpture. The Uffizi Gallery exhibits Botticelli's "The Birth of Venus" and da Vincci "Annuciation". Finally Rehar took a whirl through the capital of Germany, Berlin, a city known for its art scene and modern landmarks like the gold-coloured, swoop-

roofed Berliner Philharmonie, built in 1963. Along with its 18th Century Brandenburg Gate which has become a symbol of reunifi-

ments from one of his



most memorable trips with

TEdit.

What destinations did you visit in Europe?

Florence, Rome and Berlin.

### Your most favourite destination and

Florence, this city gave me so much in just two days, it is like a small



Italy's most fashionable city?

architecture. For me it is Italy's

most enchanting city. Florence is

so rich with artistic and architec-

tural wonders and got me totally in

Rome, just walking

awe of it.

Any travelling tips?

experience.

Plan your activities before landing in any city so you make

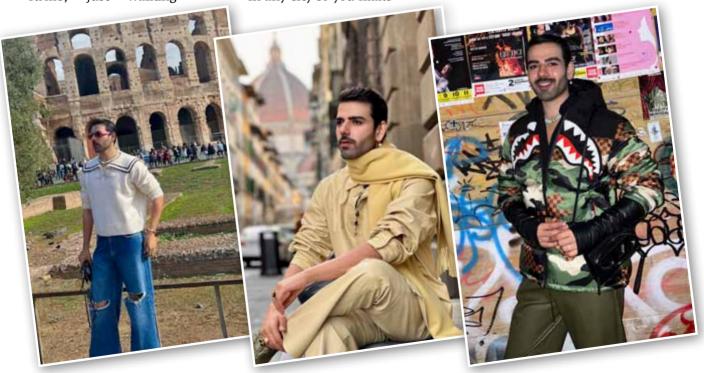
an eternal city of the world which

is one of the spots on the planet

with the most treasures to see and

#### Did European fashion inspire you?

Yes, it did in so many ways! I can't wait to incorporate some of that in my upcoming work. Despite having travelled around the world, Europe is the place I would like to return to again and again.



# Five deal breakers while selecting apparel in 2023



Dressing up for any occasion requires putting together pieces that depict your style. While it can be tempting to follow trends, every trend doesn't work with everyone's style. There are certain style deal breakers when it comes to styling and here we've listed a few of them:



#### **Wearing out-dated styles**

While it isn't important to blindly follow trends, your outfits should be somewhat in line with current fashion. Select pieces that can be put together to create a statement look or that can be worn separately for a laidback look.



#### Wearing inappropriate sized clothes

When you wear incorrectly sized clothes that do not fit you well because they are either too small or too large, then it will look disproportionate or sloppy on you. These clothes are certainly unflattering for not only you but for people as well who see you frumpy or shapeless. Hence, it is important to find pieces that flatter your shape and fit you well.



#### Trying out many fashion trends at once

When you try too many fashion trends at once then it makes your fashion statement uncoordinated and cluttered. Select one or two fashion trends that balance your style with timeless and classic pieces which can be incorporated into your outfit.



#### Wearing clothes not fit for the occasion

Not dressing for the occasion can mean that you may turn up looking too overdressed or too underdressed. If you overly dress for a casual occasion you will stick out as soon as you arrive. Similarly, if you under dress for a formal occasion, you will certainly leave heads turning; for all the wrong reasons.



#### **Wearing incorrect shoes**

It is often you see people wearing the wrong shoes with their ensembles that don't bode well for the occasion. Always ensure your shoes compliment your outfit rather than ruining your fashion glory. When you wear the wrong shoes, in some way or another, your overall outfit looks bad. Hence, you must choose the right ones, matching the style of your outfit.